

# Swindon Harriers

## U11 FUNdamentals Performance Metrics

Mid-March 2026 (Next Update: July 2026)

Purple	Performing Above Average Level of a Year 6 Athlete
Gold	Top level for Year 5-6 Athlete
Silver	2nd level for Year 5-6 Athlete
Bronze	3rd level for Year 5-6 Athlete
Fourth	4th level for Year 5-6 Athlete
Ungraded	Athlete not assessed

Sources: English Schools Athletic Association (ESAA) Awards Scheme 2023, Topend Sports Beep Test Norms and Ratings and past Wessex Track and Field League Quad Kids Results

Note: These grades are for School Year 5 & 6 athletes, except for the 400m which uses School Year 4 grade values.

Athlete ID	Year	Gender	Beep Test Level	Beep Test Standard	75 Metres Seconds	75 Metres Standard	Long Jump Metres	Long Jump Standard	400 Metres Minutes	400 Metres Standard	600 Metres Minutes	600 Metres Standard	Howler Metres	Howler Standard
31FD	5	F	2.8	Fourth	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
54ES	5	F	9.3	Purple	11.90	Gold	2.94	Silver	01:32.5	Gold	02:14.0	Gold	12.93	Fourth
52GB	5	F	7.4	Purple	12.90	Silver	2.62	Bronze	01:32.5	Fourth	02:26.0	Gold	16.40	Fourth
55DB	5	F	5.2	Silver	12.20	Gold	3.08	Silver	00:00.0	Ungraded	02:34.0	Gold	12.80	Fourth
52GL	5	F	7.8	Purple	11.65	Gold	2.56	Bronze	01:28.0	Gold	02:10.4	Gold	12.80	Fourth
54FR	5	F	6.3	Gold	11.67	Gold	2.43	Bronze	01:38.4	Gold	02:23.1	Gold	14.69	Fourth
33FZ	5	F	7.6	Purple	11.65	Gold	3.15	Silver	01:46.8	Silver	02:15.0	Gold	13.01	Fourth
34FWEP	5	F	4.9	Silver	12.03	Gold	2.96	Silver	01:38.6	Gold	02:38.0	Gold	15.76	Fourth
34HA	5	F	0.0	Ungraded	14.47	Bronze	0.00	Ungraded	01:59.0	Bronze	00:00.0	Ungraded	6.60	Fourth
27TG	5	F	5.0	Silver	14.07	Bronze	2.70	Bronze	01:51.4	Silver	03:01.0	Silver	19.80	Bronze
22SW	5	F	4.1	Bronze	13.43	Silver	2.11	Fourth	00:00.0	Ungraded	02:41.0	Gold	9.29	Fourth
73BJ	5	F	6.2	Gold	13.45	Silver	2.76	Bronze	00:00.0	Ungraded	02:38.0	Gold	15.31	Fourth
47SD	5	F	7.6	Purple	13.06	Silver	2.55	Bronze	01:48.8	Silver	02:28.0	Gold	15.95	Fourth
52UB	5	F	8.1	Purple	13.20	Silver	2.71	Bronze	01:33.3	Gold	02:27.0	Gold	12.71	Fourth
56EH	5	F	8.2	Purple	11.65	Gold	2.56	Bronze	01:27.0	Gold	02:14.0	Gold	16.80	Fourth
49BU	5	F	10.1	Purple	11.65	Gold	3.25	Gold	01:28.0	Gold	02:13.0	Gold	16.30	Fourth
51AJE	5	F	6.0	Gold	13.94	Bronze	2.46	Bronze	00:00.0	Ungraded	02:31.0	Gold	12.70	Fourth
21AR	5	F	5.9	Gold	15.10	Bronze	2.47	Bronze	01:47.0	Silver	02:34.0	Gold	10.50	Fourth
12PR	5	F	6.0	Gold	12.90	Silver	2.62	Bronze	01:38.6	Gold	02:37.9	Gold	11.32	Fourth
52QR	5	F	7.6	Purple	14.15	Bronze	2.24	Fourth	01:40.0	Gold	02:30.0	Gold	10.65	Fourth
32JG	5	F	4.5	Bronze	13.30	Silver	2.05	Fourth	01:49.2	Silver	03:00.0	Silver	8.60	Fourth
21QQ	5	F	8.3	Purple	12.10	Gold	3.37	Gold	01:35.0	Gold	02:17.0	Gold	26.70	Gold
22SU	5	F	9.1	Purple	11.80	Gold	3.32	Gold	01:25.0	Gold	02:12.9	Gold	20.10	Bronze
14HGMI	5	F	6.6	Gold	13.00	Silver	2.72	Bronze	01:45.0	Silver	02:35.6	Gold	15.05	Fourth
21AG	5	F	5.9	Gold	14.70	Bronze	2.52	Bronze	01:46.0	Silver	02:45.0	Silver	14.50	Fourth
69QG	5	F	7.1	Purple	13.07	Silver	2.39	Bronze	01:50.0	Silver	02:31.0	Gold	12.96	Fourth
S082PJ	5	F	9.7	Purple	12.09	Gold	2.78	Bronze	01:28.0	Gold	02:08.0	Gold	22.56	Silver
51XF	5	F	7.3	Purple	12.53	Gold	2.80	Bronze	00:00.0	Ungraded	02:23.0	Gold	16.02	Fourth
66BP	5	F	8.0	Purple	12.20	Gold	3.44	Gold	01:31.0	Gold	02:12.6	Gold	16.20	Fourth
52QGZO	5	F	4.5	Bronze	14.20	Bronze	2.37	Bronze	01:51.0	Silver	03:01.0	Silver	11.29	Fourth
30AG	5	F	6.0	Gold	12.22	Gold	2.68	Bronze	00:00.0	Ungraded	02:13.0	Gold	14.65	Fourth
56AUAL	5	M	9.5	Purple	12.13	Gold	2.98	Bronze	01:47.0	Bronze	02:03.0	Gold	25.84	Silver
52BP	5	M	5.2	Bronze	15.04	Bronze	1.60	Fourth	01:51.8	Bronze	02:40.0	Silver	10.80	Fourth
56AUAR	5	M	11.0	Purple	11.56	Gold	3.18	Silver	01:29.0	Gold	01:58.0	Gold	29.30	Silver
52PF	5	M	6.8	Gold	14.09	Bronze	2.59	Bronze	00:00.0	Ungraded	02:45.0	Silver	23.90	Bronze
49SE	5	M	7.4	Gold	13.60	Bronze	2.69	Bronze	00:00.0	Ungraded	02:34.0	Silver	14.83	Fourth
66EP	5	M	10.0	Purple	11.35	Gold	3.18	Silver	00:00.0	Ungraded	02:04.0	Gold	30.08	Gold
31QA	5	M	5.4	Bronze	13.80	Bronze	2.60	Bronze	01:53.0	Bronze	02:48.0	Silver	15.54	Fourth
13QA	5	M	7.6	Gold	13.42	Silver	2.24	Fourth	00:00.0	Ungraded	02:25.0	Gold	17.09	Fourth
49QWED	5	M	8.4	Purple	11.20	Gold	3.35	Silver	01:20.0	Gold	02:05.0	Gold	32.71	Gold
40ES	5	M	3.4	Fourth	13.06	Silver	2.72	Bronze	00:00.0	Ungraded	02:25.0	Gold	25.25	Silver
66DU	5	M	9.2	Purple	12.25	Gold	3.08	Silver	01:34.0	Gold	02:19.0	Gold	33.83	Gold
60AL	5	M	9.2	Purple	12.00	Gold	3.28	Silver	01:26.0	Gold	02:05.2	Gold	22.27	Bronze
51WJ	5	M	9.8	Purple	11.16	Gold	3.38	Silver	01:51.0	Bronze	02:11.0	Gold	19.49	Fourth
77LR	5	M	10.3	Purple	13.81	Bronze	2.17	Fourth	00:00.0	Ungraded	02:23.0	Gold	12.05	Fourth
68BY	5	M	7.1	Gold	11.69	Gold	2.97	Bronze	01:28.6	Gold	02:20.0	Gold	20.40	Bronze
27AJ	5	M	8.2	Purple	13.80	Bronze	2.93	Bronze	01:48.0	Bronze	02:35.0	Silver	26.65	Silver
67DAFR	5	M	0.0	Ungraded	28.90	Fourth	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	5.80	Fourth
34FWGL	5	M	4.2	Fourth	13.40	Silver	2.40	Bronze	00:00.0	Ungraded	02:31.0	Gold	17.20	Fourth
27AG	5	M	5.9	Bronze	12.09	Gold	2.61	Bronze	00:00.0	Ungraded	02:51.0	Silver	28.05	Silver
68AE	5	M	8.1	Gold	12.31	Gold	3.07	Silver	00:00.0	Ungraded	02:12.0	Gold	25.25	Silver
36EH	5	M	4.1	Fourth	12.03	Gold	2.94	Bronze	00:00.0	Ungraded	02:30.0	Gold	25.65	Silver
14JG	5	M	4.4	Fourth	12.47	Gold	2.58	Bronze	00:00.0	Ungraded	02:51.0	Silver	12.25	Fourth
73DNJA	5	M	7.1	Gold	12.50	Gold	2.92	Bronze	01:38.4	Silver	02:10.0	Gold	17.70	Fourth
55TP	5	M	5.9	Bronze	14.30	Bronze	2.15	Fourth	01:48.0	Bronze	02:51.0	Silver	13.20	Fourth
14AU	5	M	6.0	Silver	12.59	Gold	3.06	Silver	00:00.0	Ungraded	02:31.0	Gold	22.35	Bronze
55WA	5	M	8.4	Purple	11.18	Gold	3.23	Silver	00:00.0	Ungraded	02:17.0	Gold	33.20	Gold
31EW	5	M	4.3	Fourth	15.04	Bronze	0.00	Ungraded	02:07.0	Fourth	03:00.0	Bronze	19.10	Fourth
53HG	5	M	5.1	Bronze	12.40	Gold	2.55	Bronze	02:17.4	Fourth	02:39.0	Silver	16.94	Fourth
52RJ	5	M	10.1	Purple	11.54	Gold	3.57	Gold	01:36.0	Silver	02:00.0	Gold	32.37	Gold
14JZO	5	M	6.2	Silver	12.78	Silver	2.69	Bronze	01:41.4	Silver	02:38.0	Silver	21.94	Bronze
40TQ	5	M	10.0	Purple	11.90	Gold	3.05	Silver	01:41.4	Silver	02:12.9	Gold	27.62	Silver
48JJ	5	M	8.1	Gold	12.15	Gold	0.00	Ungraded	00:00.0	Ungraded	02:29.0	Gold	22.00	Bronze
68PX	5	M	9.0	Purple	13.10	Silver	2.32	Fourth	00:00.0	Ungraded	02:22.0	Gold	29.45	Silver
48NB	5	M	10.3	Purple	11.97	Gold	2.96	Bronze	01:27.4	Gold	02:07.0	Gold	27.06	Silver
47SH	5	M	5.9	Bronze	12.43	Gold	3.06	Silver	00:00.0	Ungraded	02:24.0	Gold	19.75	Fourth
54BD	5	M	5.1	Bronze	13.02	Silver	2.12	Fourth	00:00.0	Ungraded	02:40.0	Silver	17.51	Fourth
14LAOLI	5	M	10.5	Purple	12.70	Silver	2.79	Bronze	01:39.0	Silver	02:19.1	Gold	20.56	Bronze
14LAOSC	5	M	10.6	Purple	12.47	Gold	2.65	Bronze	01:31.0	Gold	02:09.0	Gold	23.10	Bronze
56BG	5	M	8.1	Gold	12.93	Silver	2.57	Bronze	00:00.0	Ungraded	02:19.0	Gold	22.13	Bronze
14HP	5	M	8.1	Gold	12.00	Gold	2.86	Bronze	01:43.0	Silver	02:20.0	Gold	21.12	Bronze
52TASI	5	M	3.8	Fourth	12.40	Gold	2.69	Bronze	00:00.0	Ungraded	02:24.0	Gold	22.68	Bronze
54HE	4	F	4.5	Bronze	14.16	Bronze	2.15	Fourth	01:40.7	Gold	02:39.0	Gold	10.65	Fourth
66AX	4	F	5.7	Gold	13.60	Silver	2.50	Bronze	01:45.0	Silver	00:00.0	Ungraded	13.00	Fourth
53NJ	4	F	5.4	Silver	12.19	Gold	2.76	Bronze	01:41.0	Silver	02:23.0	Gold	15.95	Fourth
14HR	4	F	7.4	Purple	13.09	Silver	2.56	Bronze	01:45.9	Silver	02:29.0	Gold	12.40	Fourth
49DT	4	F	3.8	Fourth	13.50	Silver	2.11	Fourth	00:00.0	Ungraded	02:40.0	Gold	12.00	Fourth
25LL	4	F	0.0	Ungraded	13.87	Silver	0.00	Ungraded	01:47.0	Silver	02:50.0	Silver	9.40	Fourth
75AJ	4	F	7.5	Purple	14.88	Bronze	2.31	Bronze	00:00.0	Ungraded	02:33.0	Gold	9.15	Fourth
53NZ	4	F	4.5	Bronze	12.50	Gold	2.64	Bronze	00:00.0	Ungraded	02:21.0	Gold	20.30	Bronze
31PX	4	F	6.2	Gold	12.36	Gold	2.61	Bronze	00:00.0	Ungraded	02:33.0	Gold	12.59	Fourth
14EA	4	F	6.2	Gold	13.54	Silver	0.00	Ungraded	00:00.0	Ungraded	02:38.0	Gold	11.80	Fourth
27BB	4	F	4.2	Bronze	14.50	Bronze	0.00	Ungraded	02:00.0	Bronze	02:58.0	Silver	12.50	Fourth
56AY	4	F	7.4	Purple	12.28	Gold	2.60	Bronze	01:35.3	Gold	02:23.0	Gold	11.00	Fourth
68DH	4	F	5.0	Silver	12.85	Gold	2.85	Silver	01:45.0	Silver	02:29.0	Gold	12.97	Fourth
34SX	4	F	6.2	Gold	13.90	Bronze	2.31	Bronze	01:44.0	Silver	02:30.0	Gold	13.30	Fourth
14HGME	4	F	9.7	Purple	12.60	Gold	2.71	Bronze	00:00.0	Ungraded	02:04.2	Gold	11.50	Fourth

252PB	4	F	4.1	Bronze	13.06	Silver	2.12	Fourth	00:00.0	Ungraded	03:01.0	Silver	7.66	Fourth
67DAMI	4	F	0.0	Ungraded	14.85	Bronze	0.00	Ungraded	00:00.0	Ungraded	03:20.0	Bronze	9.60	Fourth
66LR	4	F	4.8	Silver	13.50	Silver	1.87	Fourth	00:00.0	Ungraded	02:27.0	Gold	12.85	Fourth
67BP	4	F	5.9	Gold	14.37	Bronze	2.02	Fourth	01:41.5	Silver	02:27.0	Gold	8.90	Fourth
34DU	4	F	5.0	Silver	14.69	Bronze	0.00	Ungraded	01:48.0	Silver	02:39.0	Gold	8.10	Fourth
49EZ	4	F	7.1	Purple	13.00	Silver	0.00	Ungraded	01:47.2	Silver	02:52.0	Silver	8.10	Fourth
36FJ	4	F	6.2	Gold	13.13	Silver	2.30	Bronze	01:43.6	Silver	02:33.0	Gold	14.45	Fourth
12FB	4	F	3.3	Fourth	13.89	Silver	2.24	Fourth	02:02.0	Bronze	02:50.0	Silver	11.00	Fourth
36ND	4	F	7.2	Purple	13.13	Silver	1.90	Fourth	01:36.8	Gold	02:24.0	Gold	9.70	Fourth
12QT	4	F	4.0	Fourth	14.30	Bronze	2.19	Fourth	01:49.0	Silver	02:58.0	Silver	7.70	Fourth
31FH	4	M	2.2	Fourth	19.28	Fourth	0.00	Ungraded	02:38.0	Fourth	03:22.0	Fourth	4.40	Fourth
55PF	4	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	20.25	Bronze
54YD	4	M	8.0	Gold	13.40	Silver	0.00	Ungraded	00:00.0	Ungraded	02:24.0	Gold	23.00	Bronze
54EH	4	M	4.5	Fourth	13.00	Silver	2.32	Fourth	01:49.8	Bronze	02:33.0	Silver	21.75	Bronze
54ZW	4	M	5.3	Bronze	15.50	Fourth	1.94	Fourth	00:00.0	Ungraded	03:16.8	Bronze	10.16	Fourth
31LH	4	M	2.6	Fourth	14.27	Bronze	0.00	Ungraded	01:43.0	Silver	02:49.0	Silver	8.70	Fourth
31EQ	4	M	4.1	Fourth	13.17	Silver	2.22	Fourth	01:43.0	Silver	02:37.0	Silver	21.55	Bronze
47EZ	4	M	7.5	Gold	12.20	Gold	3.20	Silver	01:43.6	Silver	02:14.0	Gold	21.30	Bronze
36AE	4	M	2.7	Fourth	16.40	Fourth	0.00	Ungraded	02:12.0	Fourth	00:00.0	Ungraded	7.00	Fourth
14DR	4	M	7.4	Gold	13.53	Silver	0.00	Ungraded	01:38.0	Silver	02:38.0	Silver	17.70	Fourth
25BX	4	M	0.0	Ungraded	13.00	Silver	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	15.55	Fourth
27TR	4	M	4.5	Fourth	12.59	Gold	2.68	Bronze	00:00.0	Ungraded	02:20.4	Gold	25.42	Silver
54YH	4	M	6.8	Gold	13.09	Silver	2.55	Bronze	01:40.0	Silver	02:24.0	Gold	20.49	Bronze
22EUFH	4	M	4.1	Fourth	14.00	Bronze	1.80	Fourth	01:52.3	Bronze	03:02.0	Bronze	14.78	Fourth
35BJ	4	M	4.8	Bronze	14.20	Bronze	2.16	Fourth	01:42.0	Silver	02:43.0	Silver	10.80	Fourth
31RP	4	M	7.0	Gold	13.96	Bronze	2.53	Bronze	00:00.0	Ungraded	02:35.0	Silver	17.55	Fourth
22BX	4	M	2.2	Fourth	13.63	Bronze	0.00	Ungraded	00:00.0	Ungraded	02:59.0	Bronze	27.80	Silver
22BN	4	M	4.8	Bronze	12.45	Gold	2.49	Bronze	01:40.0	Silver	02:36.0	Silver	13.10	Fourth
66BT	4	M	8.5	Purple	12.50	Gold	2.85	Bronze	00:00.0	Ungraded	02:30.0	Gold	36.21	Purple
14LU	4	M	8.2	Purple	12.44	Gold	0.00	Ungraded	00:00.0	Ungraded	02:23.0	Gold	19.50	Fourth
48BE	4	M	3.7	Fourth	12.40	Gold	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	12.20	Fourth
55TX	4	M	5.4	Bronze	14.05	Bronze	0.00	Ungraded	02:01.1	Bronze	02:57.0	Bronze	12.70	Fourth
52TASO	4	M	5.9	Bronze	13.53	Silver	1.68	Fourth	00:00.0	Ungraded	02:33.0	Silver	16.81	Fourth
34TY	4	M	5.0	Bronze	13.18	Silver	2.93	Bronze	01:37.0	Silver	02:26.0	Gold	17.40	Fourth
52ER	3	F	0.0	Ungraded	14.59	Bronze	1.94	Fourth	01:38.0	Gold	00:00.0	Ungraded	9.34	Fourth
17BG	3	F	2.8	Fourth	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
51ALGE	3	F	4.6	Bronze	14.47	Bronze	2.07	Fourth	01:42.0	Silver	00:00.0	Ungraded	9.55	Fourth
31AE	3	F	0.0	Ungraded	15.22	Bronze	1.65	Fourth	01:45.0	Silver	00:00.0	Ungraded	6.40	Fourth
36EP	3	F	2.4	Fourth	14.32	Bronze	2.14	Fourth	01:59.0	Bronze	00:00.0	Ungraded	8.59	Fourth
52SJ	3	F	1.7	Fourth	13.00	Silver	2.61	Bronze	01:49.0	Silver	00:00.0	Ungraded	9.74	Fourth
21AF	3	M	4.3	Fourth	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
17DG	3	M	5.2	Bronze	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
77QE	3	M	4.8	Bronze	12.07	Gold	2.80	Bronze	01:24.0	Gold	00:00.0	Ungraded	17.68	Fourth
48BW	3	M	4.6	Bronze	13.69	Bronze	2.31	Fourth	01:27.0	Gold	00:00.0	Ungraded	17.44	Fourth
40SX	3	M	3.2	Fourth	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
77QE	3	M	0.0	Ungraded	12.07	Gold	2.80	Bronze	01:24.0	Gold	00:00.0	Ungraded	17.68	Fourth
48BW	3	M	0.0	Ungraded	13.69	Bronze	2.31	Fourth	01:27.0	Gold	00:00.0	Ungraded	17.44	Fourth
31AE	3	M	2.3	Fourth	13.51	Silver	1.91	Fourth	01:36.0	Silver	00:00.0	Ungraded	9.75	Fourth
78RX	3	M	2.1	Fourth	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
55DF	3	M	4.8	Bronze	13.18	Silver	2.20	Fourth	01:28.0	Gold	00:00.0	Ungraded	14.50	Fourth
55DF	3	M	4.8	Bronze	13.18	Silver	2.20	Fourth	01:28.0	Gold	00:00.0	Ungraded	14.50	Fourth
52TH	3	M	6.9	Gold	13.00	Silver	0.00	Ungraded	01:58.6	Bronze	00:00.0	Ungraded	0.00	Ungraded
75JG	3	M	5.2	Bronze	13.60	Bronze	2.23	Fourth	01:30.0	Gold	00:00.0	Ungraded	13.70	Fourth
56DZ	3	M	0.0	Ungraded	12.87	Silver	2.50	Bronze	01:26.0	Gold	00:00.0	Ungraded	15.14	Fourth
54PL	3	M	2.1	Fourth	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
34SE	3	M	5.1	Bronze	13.47	Silver	2.65	Bronze	01:29.0	Gold	00:00.0	Ungraded	21.80	Bronze
32FP	3	M	2.4	Fourth	14.56	Bronze	1.29	Fourth	02:09.0	Fourth	00:00.0	Ungraded	8.03	Fourth
12PR	3	M	2.4	Fourth	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
52QGOL	3	M	3.2	Fourth	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
49QWTO	3	M	4.4	Fourth	12.81	Silver	2.11	Fourth	01:27.0	Gold	00:00.0	Ungraded	16.41	Fourth
54DQ	3	M	5.2	Bronze	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
0	0	0	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded